

## A TRIBUTE TO DR. FRED AKIRA SUNAHARA

— by Pam Waintraub —

*The Momiji Family is mourning the loss of Dr. Fred Akira Sunahara. Dr. Sunahara was not only a Founder of Momiji Health Care Society but he was also a beloved tenant. His daughter, and our former Chair of the Board of Directors, Pam Waintraub reflects on his life. Sincere condolences to Dr. Sunahara's family and friends. He is greatly missed.*



Fred & Pam by Cary Rothbart

Dr. Fred Akira Sunahara was born to Kazuye Sunahara and Tatsu Higashi in Vancouver, BC. Both parents originated from Kumamoto-Ken in Japan and immigrated to Canada in the early 1900's. Living in modest comfort, Kazuye was a well-respected and articulate member of the community, who owned and operated a fishing boat. Tatsu supplemented the family income by running a rooming house that was home to

many families at one time or another.

Fred was eighteen when the internment of Japanese began on the Canadian west coast and he could not accompany his family to New Denver. He and several other young nisei men were given a one-way ticket, \$25 from the government, and packed into an uncomfortable train for a six-day ride to shovel coal in London, Ontario. With little money and uncertain

future, he eventually obtained his undergraduate degree in 1948 and then his PhD in medical research physiology at UWO.

Fred and Grace Akiko Shintani married in 1952 and started their family in Toronto. Fred later became a Professor of Pharmacology at the University of Toronto Schools of Medicine, Dentistry and Pharmacy. Even with their young family and his growing career as an educator and scientist, Fred was active with the Toronto Japanese Canadian Citizens Association (JCCA) and Grace belonged to the Toronto Nisei Women's Club.

Fred's concerns for the Isseis rose as his parents began to age, and his prominence in the community grew as he provided a confident and persuasive voice for the Japanese Canadian community.

*cont'd on page 2*

### ROY & MARY MATSUI

The Momiji family was also saddened to learn about the passing of Roy & Mary Matsui. Roy was the architect responsible for the Momiji Seniors Centre, as well as many other projects throughout his decades-long career, including hotels, condominiums, and office buildings in and around Toronto. Roy was a WW II

veteran and was awarded a Governor General's Medal in 1980 and a Massey Medal in 1968. Mary was a beloved educator, an accomplished pianist and an avid downhill skier – a passion that she shared with Roy and that they both participated in well into their 80s. They also enjoyed traveling and mall walking. Sincere condolences to their family and friends.





A group of four young adults, two men and two women, are posing together indoors. They are dressed in traditional Filipino formal wear. The women are wearing Maria Clara dresses with lace sleeves and colorful skirts. The men are wearing Barong Tagalog, which are light-colored shirts with intricate embroidery. They are all smiling and holding a long bamboo pole. The background shows a modern interior with large windows and indoor plants.



Dr. Yoon Gwang-goo

Eric Hong



# Fundraising Events



Government funding does not cover all operating costs so Momiji continues to rely on the generosity of donors and the community for help. Donations received from memorial and general gifts and the annual Christmas Campaign, as well as funds raised at events like the Bazaar and Bowlathon are critical to sustaining programs and services.

## JAPONICA – ALL THINGS JAPANESE

Ningyo. Kimono. Kokeshi. Add in some beautiful dishes, stunning artwork and gorgeous Ikebana and you have Japonica. Now in its third year, Japonica continues to grow each year in attendance and funds raised. Held yearly in September, all of the items that are sold at the event have been donated with the majority of the items coming from families who have a connection to Momiji. However, as word has begun to spread about the event, we now receive calls from people who just want to make sure their family “treasures” go to a good home.

This year, there was also a Japonica Room that highlighted some very special items. And in addition to our raffle, shoppers could purchase “Lucky Bags” –

which was a big hit. Of course, no Japanese event would be complete without some delicious food prepared by our volunteers. This year’s offerings included Bento Boxes, Somen with Toppings and Manju. New to the menu were Chow Mein sandwiches and our now famous Japonica Dog. Thanks to all of our volunteers, especially our Japonica Committee led by Mayumi Maemura, over \$26,000 was raised. We are thankful to our dedicated Committee members who donated much of their summer in order to clean, repair (if necessary) and catalogue the donations to ensure that this event was a success. We hope to see you at next year’s event: **Saturday, September 12<sup>th</sup>.**



Our Soft Goods Team – L to R: Midori, Karen, Janet & Sally



There were lots of cute Kokeshi for sale



A new addition - our Japonica Room



Our beautiful Ningyo were a popular item



## 14TH ANNUAL FUNDRAISING BOWLATHON – BOWLING FOR SENIORS



Team Marty Kobayashi/HollisWealth – L to R: Jessica, Rafeeza, George, Toula & Marty

Our annual Bowlathon continues to be one of Momiji's most successful (and most fun!) fundraising events and this year was no exception. This Family-Friendly Event has had participation from many of our Momiji Seniors (unfortunately, less than in previous years gone



Team 900 Bowling Pro Shop

by); their families and friends, colleagues and community members. As usual, our five-pin teams bowled at Parkway Bowl while our ten-pin teams bowled at World Bowl. After bowling, the bowlers attended a Bento Box Dinner and Awards Ceremony at the Frank H. Hori Community Centre (Momiji Centre), which included a barrage of Sponsorship Prizes,

door prizes, and raffle draws.

This year, we introduced a Corporate Sponsorship Program, which encouraged corporations and organizations to enter teams to participate in our first ever Executive Director's Challenge. Five corporations accepted the Challenge and were eligible to compete with Eric Hong (Momiji's Executive Director) and his team for the Momiji Cup. After some very tight games, Eric and his team came out on top. Congratulations to Eric and his team. Adding this new element to our

Bowlathon helped us raise an incredible \$52,000 this year! But the real winners are our seniors, as funds are used to support programs and services that Momiji provides to our tenants and the community. Even more incredible is that over \$350,000 has been raised since the Bowlathon's inception.

Special thanks to the Bowlathon Committee, led by Gayle Cali, our bowlers and their sponsors; and a "Big Thank You" to our Corporate Sponsors. We hope to see you all back at the lanes next year. Mark your calendars for **Saturday May 23, 2020**, for our 15<sup>th</sup> Annual Fundraising Bowlathon. And don't forget...new bowlers and new corporate sponsors are always welcome!

### Gold Maple Sponsor:

- Team Marty Kobayashi/HollisWealth

**HollisWealth<sup>W</sup>**  
MartyKobayashi.com

### Bronze Maple Sponsors:

- 900 Bowling Pro Shop
- HUB International HKMB
- Iler Campbell LLP
- Kriens-Larose, LLP Chartered Professional Accountants



Momiji Cup Winners! The Executive Director's Team – L to R: Michael, Kiyoshi, Anne, Eric & Eiji



# Upcoming Fundraising Events



As the Holiday Season approaches, so do our annual Holiday fundraising programs! We are pleased to offer the following programs again this year:



## HOLIDAY TREAT PROGRAM:

Shortbread, Mincemeat, Gingerbread, and more... Our volunteer bakers will soon be busy making delicious homemade cookies for Momiji to be sold to our tenants, their families and community members. The cookies are packaged by our volunteer elves and come in various sizes and prices ranging from our Santa Superior Box (45 cookies for \$20.00) to our Elves Dozen (12 cookies for \$7.00). They make a great gift – for yourself, a friend or a loved one. Pre-payment is necessary.



## VANDERMEER WINTER FUNDRAISING PROGRAM:

Vandermeer Nursery has grown high

quality plants in Ajax, including poinsettias and cyclamen, for over 50 years. These high quality plants are the focus of their annual Winter Fundraising program. The program includes winter-decorated baskets and evergreen planters in a wide range of prices. Under the program,

Momiji purchases the plants at a discount and sells them at cost. These seasonal plants and planters can spruce up your home or can be given as a gift. We even deliver to our tenants! All items will be available to be picked up at Momiji on Wednesday, December 4<sup>th</sup>. Pre-payment is necessary.

As in the past, the money raised from the Holiday Treat Program will be designated to the Seniors Active Living Centre (SALC) but this year, money raised from both of these programs will be designated for a particular purpose. In partnership with the Alzheimer Society of Toronto, the SALC was able to offer two very popular programs to the seniors: Dance! Dance! Dance! with the National Ballet and the Momiji Singers. Unfortunately, funding from the Alzheimer Society will run out at the end of the year so

these programs will no longer be available. The money raised from the Holiday Treat Program and the Vandermeer Winter Fundraising Program will allow these very popular programs to continue – hopefully on a monthly basis.

To place your Holiday Treat or Vandermeer Winter Fundraising program order, please contact Sheri-Lynn at 416.261.6683, ext. 259. The order forms will be available at Momiji, on our website or on our Facebook page in the near future.



## MOMIJI COMMUNITY BAZAAR:

Mark your calendars for **Saturday, March 28<sup>th</sup>**. As in the past, we will be accepting donations of gently used items (but no big furniture please) for sale at this very popular event. Due to a lack of space, donations cannot be accepted prior to February 1, 2020. We are also looking for donations of plants and homemade baking – which are always in demand. It takes hundreds of volunteers to make this event successful so if you are interested and have some time, please contact Jovel, our Volunteer Services Manager at 416.261.6683, ext. 234.

## MOMIJI BLOWOUT YARD SALE EXTRAVAGANZA – NOT YOUR AVERAGE YARD SALE!

Under the leadership of Linda Oikawa, our Blowout Yard Sale Extravaganza was held in early June. As usual, the prices were drastically reduced since the goal of this event is to sell as much as possible. This year, selling the items was even more crucial as storage space at Momiji becomes less available. The shoppers – approximately 500 – spent almost \$5,000 buying goods and

delicious food at the BBQ and bake table. When presales, donations and post sales (including sales to Ajax Auto Wreckers, RE: Reading and Value Village, under their FUNDrive program) are added to the event day total, almost \$7,000 was raised. Next year's Yard Sale will be held on **Saturday, June 13, 2020**. We hope to see you there!



# Calendar of Events

## November 2019

S	M	T	W	T	F	S
						1 2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	30	

## December 2019

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

## January 2020

S	M	T	W	T	F	S
						1 2 3 4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

## March 2020

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

## May 2020

S	M	T	W	T	F	S
						1 2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	30	31

## 2019

### NOVEMBER

- 4<sup>th</sup> – Art & Tea: Haiku Time**
- 6<sup>th</sup> – Lug-A-Mug** featuring the Birchmount/Montgomery Singers
- 14<sup>th</sup>– Karaoke Christmas Party**
- 20<sup>th</sup>– Wills and Powers of Attorney Seminar**
- 27<sup>th</sup>– Shiseido Beauty Talk:** Shiseido staff show you how to do a facial massage. It's a hands-on workshop that makes you feel so relaxed

### DECEMBER

- 2<sup>nd</sup> – Japanology:** The Consulate General of Japan in Toronto holds a session on recent Japan news and events
- 4<sup>th</sup> – Lug-A-Mug** featuring the Scarborough Village Singers
- 4<sup>th</sup> – Girl Guides Canada Annual Christmas Concert**

- 10<sup>th</sup>– Home Schooling Students Visit:** Talents are showcased through singing and dancing and musical instruments
- 13<sup>th</sup>– Christmas Carols with our Tenants**
- 16<sup>th</sup>– Art & Tea:** No need to go to the ROM - a ROM exhibit comes to us
- 18<sup>th</sup>– Toshikoshi Soba Noodle Party**

### JANUARY

- 28<sup>th</sup>– Driving and Dementia Seminar**
- 29<sup>th</sup>– Lug-A-Mug** featuring Bruce Tatemichi and Friends

### MARCH

- 28<sup>th</sup>– Momiji Community Bazaar**

### MAY

- 23<sup>rd</sup>– 15<sup>th</sup> Annual Momiji Fundraising Bowlathon**

Please visit our website ([momiji.on.ca](http://momiji.on.ca)) or follow us on Facebook ([facebook.com/momijihealthcaresociety](https://facebook.com/momijihealthcaresociety)) for information on these events and many more.

Shine Home Schooling Students

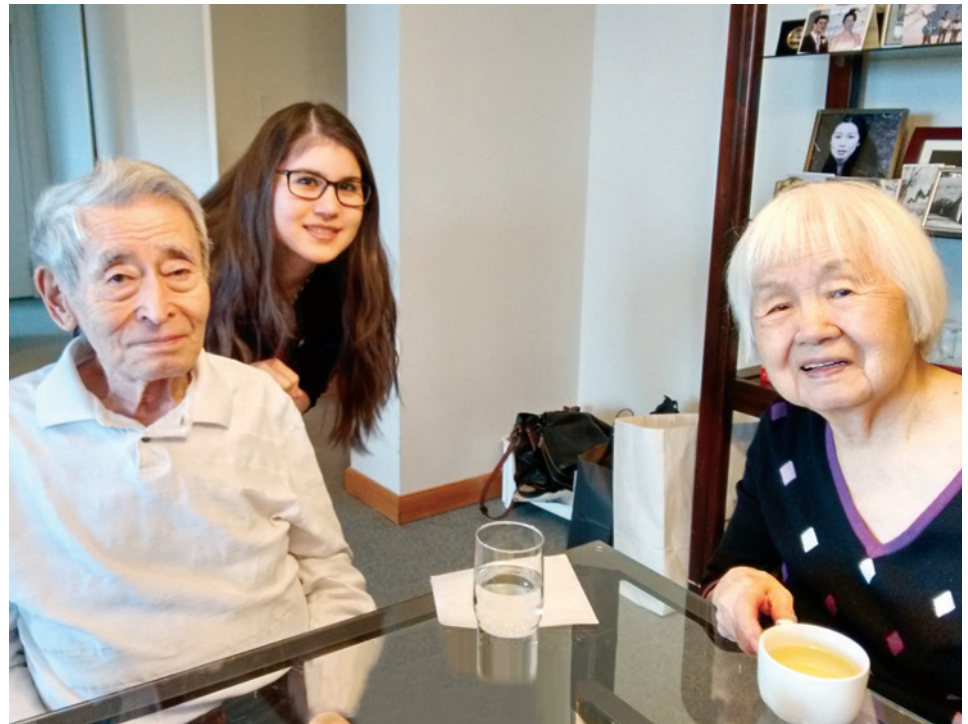






## DONATIONS DO MAKE A DIFFERENCE!

Instead of buying a gift, some of our donors choose to make an “in honour of” donation to our Seniors Active Living Centre (SALC) for a special occasion. These donations are mostly earmarked for our very popular Lug-A-Mug event and are used to help enhance the event. Recently, SALC received a very generous donation from Kiyo & Sylvia Ise’s granddaughter to help support Seniors Day. The donation was used to provide honorariums to our entertainers, enhance the contents of the “goodie bags” and purchase the cake for over 220 guests – all things that are not covered as part of the government funding that we receive. It was their granddaughter’s hope that if other grandchildren heard how easy it was to help, that they might consider helping too. Thank you Mika for this wonderful gift!



L to R: Kiyo, Mika & Sylvia

## DONOR LIST

**Momiji gratefully acknowledges all donations received from April 1, 2019 to August 31, 2019. Due to space limitations, only donations of \$20 or more are listed.**

EVENTS			
<b>40<sup>th</sup> Anniversary Gala</b>		Amemori, Mr. Cameron	20
Ammendolia, Mr. Mark	500	Amemori, Mr. Cliff	50
<b>Bazaar</b>		Amemori, Mrs. Dana	50
1232450 Ontario Ltd. O/A John Johnson		Amemori, Mrs. Naoko	20
Landscaping & Maintenance	250	Angeles, Ms. Nora	20
Armstrong, Mrs. Sheri-Lynn	100	Anzai, Mrs. Crystal	20
Asano, Mrs. June	51	Anzai, Ms. Dawn	20
Nagano, Mrs. Louise (Reiko)		Aoki, Mrs. Mary	20
Okawara, Mrs. Christine		Aoki, Mr. Paul	20
Oye, Mrs. Donna		Aoki, Mrs. Shigeru	20
Reid, Mr. Christopher	50	Armstrong, Mrs. Sheri-Lynn	250
Simpson, Ms. Ruth	100	Asada, Mrs. Kay Kiyomi	20
Takahashi, Ms. Joy Reiko	50	Asano, Mrs. June	60
<b>Bowlathon</b>		Asano, Mr. Miki	50
900 Bowling Pro Shop	890	Ashley, Mrs. Ann	40
Acromond, Poncey	20	Ashley, Ms. Cecily	20
Action Honda	200	Asselin, Mr. Paul	100
Adat, Ms. Sandra	50	Aubry, Mr. Phil	25
Aida, Ms. Carole	100	Azuma, Dale	50
Aihoshi, Ms. Gail	50	Azuma, Mr. David	50
Aihoshi, Mrs. Kimiko Rose	300	Azuma, Mrs. Debbie	50
Aimone, Mrs. Elaine		Azuma, Mr. Ken	20
Alexis-Dominczyk, Ms. Sandi	30	Azuma, Ms. Linda	100
Allen, Mr. Ian	75	Azuma, Ms. Lisa	50
Alves, Mr. Eduardo	20	Azuma, Mr. Matthew	50
		Baba, Mrs. Marie	20
		Baba, Ms. Reiko	20
		Bailey, Mr. Brian	20
		Bailey, Ms. Sally	50
		Bannister, Corie	25
		Basile, Mrs. C.	20
		Beca, Mrs. Judy	20
		Berman, Mr. Ted	20
		Blazys, Mrs. Catherine	50
		Borlase, Ms. Jo-Anne	20
		Brattke, Mr. Peter	90
		Bravi, Ms. Barbara	20
		Breakey, Mr. Bob	20
		Brooks, Mrs. Betty Naomi	40
		Burrell, Ms. Mitzi	20
		Cali, Mr. Dominic	200
		Cali, Mrs. Gayle	235
		Callaghan, Mr. Jeff	20
		Calway, Ms. Melinda	20
		Campbell, Mrs. Faye	20
		Carioti, Mrs. Sandi	20
		Carter, Mrs. Diane	100
		Chamberlain, Ms. Jill	75
		Chan, Mrs. Leatrice	20
		Chan, Ms. Louisa	100
		Chan, Ms. Sandy	40
		Chen, Ms. Minnie	50
		Cheng, Ms. Norma	20
		Cheng, Mr. Phil	50
		Cheung, Ms. Tracy	200
		Chin, Ms. Winsome	35
		Choi, Selmar	20
		Chong, Mrs. Joan	20
		Christie, Mr. James	100
		Chu, Ms. Maria	100

Chung, Mr. Peter	50	Hepburn, Jaimie	20	Kobayashi, Ms. Kristin	150
Cipriano, Mr. Fernando	20	Hidaka, Mrs. Susan	90	Kobayashi, Mr. Martin	1,000
Citrome, Mr. Ted	25	Hingston, Ms. Amie	25	Kojima, Mrs. Olivia	
Clarke, Mr. Greg	20	Hirowatari, Mrs. Louise		Komori, Michi	20
Cockburn, Mr. Jeff	80	Hirowatari, Mr. Mark	20	Kondo, Ms. Haruko	40
Cockburn, Ms. Lorrie	150	Honsberger, Ms. Joan	35	Kondo, Mrs. Yuki	
Cole, Ms. Martha	100	Hope, Mr. Chris	60	Konishi, Ms. Fujiko	50
Collins, Ms. Sandra	30	Hope, Mrs. Marion		Kotani, Mr. Fred	20
Cooper, Rev. Cindy	20	Hope, Ms. Sharon	20	Kowal, Mrs. Kathie	20
Cooper, Mr. Harvey	20	Hopkinson, Ms. Laura	50	Koyama, Mrs. Helen	65
Corey, Lynn	20	Horisaki, Ms. Grace		Koyama, Mr. Jason	20
Coyle, Tracy	30	Horisaki, Mr. Kenji		Koyata, Mrs. Jane	40
Cram, Ms. Jennifer	20	HUB International HKMB	500	Koyama, Mr. Jason	20
Cummins, Ms. Jill	25	Huestis, Ms. Theresa	60	Koyata, Mr. Mike	120
Curry, Mrs. Donna	20	Hulton, Ms. Wendy	25	Kriens-Larose, LLP Chartered Professional Accountants	500
Dale, Robyn	30	Hunter, Ms. Donna	25	Kroumova, Ms. Lucie	30
Dasko, Ms. Stella	25	Hustler, Mrs. Linda	50	Kumagawa, Ms. Jennifer	30
Dembo, Mr. Kiyoshi	100	Ikebata, Mr. Akio	80	Kumagawa, Ms. Sally	100
Dembo, Mrs. Megumi	50	Ikebata, Mr. Mark	30	Kumamoto, Mr. David	200
Deutscher Kobayashi, Ms. Lynn	50	Ikeda, Mr. Arthur		Kumamoto, Mr. Dick	
Devine, Ms. Carol	20	Ikeda, Mr. Edgar		Kunihiro, Mr. & Mrs. Ben	
Dickson, Mr. Drew	20	Iler Campbell LLP	500	Kuroda, Mrs. Lily	20
DiGiorgio, Ms. Liana	25	Inamoto, Mrs. Chiyo	20	Kuroda, Mr. Mits	20
Divell, Mr. Brian	20	Inouye, Ms. Kikuye	25	Kuroyama, Mr. Shank (Saishi)	20
Doi, Mrs. Keiko (Kay)	25	Ioi, Mr. Gary	60	Kuwahara, Mr. Alan	50
Doi, Mrs. Sharon	100	Ioi, Mr. Hideyuki		Kuwahara, Mrs. Nellie	195
Doi, Mrs. Tsuyuko	200	Ishihara, Ms. Haruko	20	Kuwahara, Mr. Paul	50
Dorobantu, Mr. Adrian	20	Ishii, Mr. Arthur	20	Kuzyk, Ms. Judy	100
Dr. Alan G. Tanaka Dentistry Professional Corporation	100	Ito, Mr. Lloyd		Lal, Mr. Lawrence	20
Drasnin, Ms. Mona	20	Ito, Mrs. Miyo	20	Langdon, Mrs. Susan Keiko	100
Drury, Ms. Kirsty	20	Iwata, Ms. Margaret		Lau, Mr. Lawrence	20
Drysdale, Mrs. Nori	25	Izukawa, Mr. & Mrs. Dennis & Sandra		Law, Ms. Sue	
Durocher, Mrs. Terralyn Gale		Jackson, Mrs. Carole	30	Lean, Mr. Mark	20
Dutescu, Mr. Constantin	20	Jawan, Mr. Chetan	20	Lee, Ms. Nicole	25
Ebata, Ms. Jessie		Jawanda, Mr. Simram	20	Lee, Ms. Phylis	20
Edamura, Mrs. Caren	70	Jiao, Ms. Valerie	60	Lee, Mrs. Rose	20
Elmasri, Mr. Daniel	20	Jomori, Mr. Ernest	230	Leung, Mr. Andrew	50
Eto, Dr. Jonathan	50	Jomori, Ms. Joyce		Lim, Ms. Donna	25
Facchini, Mr. Luigi	20	Kadohama, Mr. Harry	200	Lipnicky, K.	20
Ferguson, Mrs. Denise	20	Kagawa, Mr. Brian K.		Love, Ms. Andrea	25
Fisher, Ms. Janet	20	Kagawa, Mrs. Irene		Macdonald, Ms. Linda	30
Fitzgibbon, Mrs. Teresa	50	Kagayama, Mrs. Betty	50	Mack, Mrs. Lynn	20
Fleming, Mr. Craig	100	Kameoka, Terry	100	Mackay, Ms. Lynda	25
Flynn, Mr. Bob	50	Kanashiro, Mr. Nori	20	MacKenzie, Ms. Loretta	75
Foulkes, Mrs. Irene	25	Kaneko, Mr. Dave	20	MacKenzie, Mrs. Marlene	61
Fox, Dr. Al	30	Kaneko, Mr. Mickey		Maeda, Mr. Dan	50
Fraser, Ms. Morag	25	Kari, Mrs. Elaine	25	Maemura, Ms. Mayumi	300
Fujimoto, Ms. Beverly	40	Katigbak, Ms. Carmen	25	Magus, Ms. Teresa	20
Fujimoto, Mr. John Shiro		Katsumi, Ms. Debbie	95	Maikawa, Mrs. Judy	
Fujino, Mrs. Keiko	20	Kawabe, Ms. Yayoi	20	Mallia, Mrs. Vija	50
Fujioka, Mrs. Tei	20	Kawaguchi, Mr. Gary	20	Mann, Ms. Kathy	50
Fujiwara, Mrs. Jo-Anne		Kawaguchi, Mr. Glen	45	Marconi, Ms. Sharon	20
Fukushima, Mr. & Mrs. Tetsuo		Kawaguchi, Dr. John	100	Marubashi, Ms. Megan	50
Furukawa, Mrs. Betty		Kawaguchi, Mr. Kevin	40	Marubashi, Mr. Robert	20
Gale, Ms. Mitzi	20	Kawaguchi, Mr. Warren	25	Marubashi, Mrs. Sharon	120
Gale, Ms. Tracey	25	Kawaguchi Cogill, Ms. Laura	20	Mastrangelo, Mr. Robert	20
Gallego, Mr. Isaac	20	Kawahara, Mrs. Yasuko Theresa		Masuda, Mrs. Louise M.	
Gardhouse, Ms. Coline	20	Kenno, Mr. Kyle	20	Matsu Jewellery	121
Gardner, Ms. May	20	Kenno, Mr. Martin	20	Matsuba, Mrs. Margaret	200
Gerry, Ms. Kathy	50	Kenno, Mr. Richard	50	Matsui, Mrs. Shizuye Sheila	110
Goto, Mrs. Jean	20	Kerr, Ms. Dawn	25	Matsumoto, Ms. Joyce	100
Goto, Mr. Koji	50	Kerr, Mr. Geoff, Deb, Cam & Ben	100	Matsumoto, Mr. Mark	20
Gray, Ms. Lois	20	Kerr, Mr. Hugh	50	Matsumoto, Mr. Mike	20
Guardiani, Ms. Gilda	20	Kerr, Ms. Jennifer	25	Matsunaga, Mrs. Shirley	20
Gyotoku, Mr. Clayton	50	Khan, Ms. Rafeeza	20	Mayeda, Ms. Diane	50
Hall, Mr. Jeffrey	50	Kishimoto, Mr. Dave	50	Mayeda, Ms. Marlene	50
Hama, Mr. Roy	25	Kishimoto, Mr. Les	50	McAnsh, Ms. Eleanor	40
Harada, Ms. Joanne	40	Kitamura, Ms. Gail	20	McCrudden, Robin	50
Harada, Mr. Richard	100	Kitamura, Mrs. Ki	20	McIlroy, Ms. Joan	40
Hartley, Mr. John	50	Kitazaki, Ms. Betty	20	McLaren-Majalarie, Mr. Dwayne	20
Hayami, Mrs. Judy	20	Kiyonaga, Dale	20	McPhee, Ms. Ruth	20
Hayward, Ms. Anne	100	Klejman, Mr. Michael	50	Melo, Mr. Valdo	20
Hayward, Mrs. Joyce	50	Klotz, Ms. Maki	20	Merrick, Mrs. Sheila	20
Hector, Ms. Lydia	30	Kobayashi, Mrs. Dawna	20	Miike, Ms. Dale	162
		Kobayashi, Mr. Kevin			



Miike, Ms. Sandra	289	Nishimura, Mrs. Akiko	20	Russell, Mr. Geoff	20
Miller, Mr. Phil	20	Nishimura, Mr. David	50	Russell, Mrs. Mona	20
Milne, Mr. Bob	20	Nishimura, Mr. John	20	Ryan, Ms. Anne	20
Milne, Ms. Leslie Ann	20	Nishimura, Mrs. Toshiko	50	Ryoji, Mr. Jeff	20
Mineo, Mr. Akira	20	Nishino, Ms. Kimiye	100	Saisho, Mrs. Alison	50
Mitsui, Mrs. Eileen (Nobuko)	50	Nishino, Mrs. Pollie	50	Saito, Mr. Stephen	
Mitsui, Mrs. Keiko (Kay)	25	Nishitoba, Mr. Bunzo	20	Sakaguchi, Mr. Sanders	20
Miura, Mr. Dave	20	Nobuto, Ms. Jan	236	Sakaue, Mr. & Mrs. Darrell	100
Miwa, Mr. Harold	20	Nobuto, Ms. Kristen	25	Sakaue, Mr. & Mrs. Randy	110
Mixon, Mr. Lee	40	Nobuto, Mr. Michael	25	Sakaue, Mr. Richard	20
Miyasaki, Mrs. Irene		Nobuto-Rueckert, Ms. Lindsay	30	Sakaue, Mr. & Mrs. Russell	100
Miyasaki, Mrs. Mitzi	20	Noda, Ms. Carly	40	Sakiyama, Ms. Akemi	20
Miyauchi, Ms. Judy	25	Noda, Mrs. Miyoko	100	Sakura, Mr. George	200
Miyazaki, Ms. Joanne	20	Nunes, Mr. Albino	20	Salguero, Ms. Jessica	20
Miyazaki, Mrs. Sally	20	Oda, Ms. Beverley	50	Sameshima, Dr. Takaki	180
Mizutani, Mr. Harry	20	Oda, Mrs. Kazue Kaye	50	Sameshima, Ms. Toyoko	100
Mohr, Ms. Elaine	250	Oda, Ms. Laura	50	Sasaki, Mr. David	200
Molnar, Mr. Mike	20	Oda, Ms. Melanie	100	Sasaki, Mr. George	40
Morant, Ms. Judi	20	Ogaki, Mrs. Judy	90	Sasaki, Ms. Karen	50
Mori, Mrs. Lucy S.	20	Ogaki, Mrs. Sakae	20	Sato, Ms. Donna	50
Morita, Mrs. Mariko Molly		Ogaki, Mr. & Mrs. Tame		Sato, Mr. & Mrs. Ed & Judy	40
Morita, Mrs. Shirley		Ogata, Ms. Sandy	20	Sato, Mrs. Masako (Martha)	50
Moritsugu, Ms. Donna		Oh, Ms. Rachel	20	Saxby, Mr. David & Ms. Julie Suyama	20
Moritsugu, Mrs. Nancy		Ohashi, Mrs. Keiko	40	Scherk, Mrs. Brenda	20
Moriyama, Ms. Claire	50	Ohashi, Ms. Pam	20	Schlein, Mr. Mark	60
Morrow, Mr. Hugh	20	Ohashi, Mr. Scott	150	Schultheiss, Mr. Phillippe	100
Morton, Chris	20	Ohora, Mrs. Jacqueline	20	Schuermans, Ms. Andrea	30
Morton, Mr. Dan	20	Oikawa McGean, Ms. Catherine	20	Seki, Mrs. Jean	110
Morton, Mr. Howard	20	Oikawa, Mr. Dereck	100	Seki, Mr. Jiro Jeep	20
Motomura, Mrs. Lily		Oikawa, Mrs. Linda	20	Seki, Mr. Stephen Craig	75
Muir, Ms. Mitsie	20	Oikawa, Mrs. Linda M.	20	Sekiya, Mrs. Evelyn	
Mulcahey, Ms. Erin	20	Oiye, Ms. Kay	200	Seko, Mr. Nelson	50
Mulville, Mrs. Colleen	200	Oiye, Mrs. Pamela	88	Seko, Mr. Shigeo	25
Murai, Ms. Joan	100	Okawara, Mrs. Christine		Seko, Mr. Steve	100
Murai, Mr. & Mrs. Kevin	100	Okawara, Mrs. Kathryn		Semple, Ms. Denise	50
Murata, Ms. Irene	50	Ok, Mrs. Reiko	20	Seto, Mrs. Masako	50
Murata, Mrs. Jackie	50	Okura, Mrs. Corinna	20	Sewell, Ms. Lynda	40
Murphy, Ms. Karen	20	Okura, Ms. Irene	20	Sharpe, Ms. Lucille	400
Nagami, Ms. Alice	50	Okura, Mr. Matthew	25	Sheldon, Mr. John	20
Nagami, Mrs. Ruth	25	Okura, Mr. Tim	20	Shigeishi, Mr. Shigeo	20
Nagano, Mrs. Louise (Reiko)		Okura, Mr. Tom	20	Shigetomi, Ms. Keiko	150
Naganobu, Mr. Jeffrey	40	Omoto, Mrs. Grace		Shikaze, Mr. Kaz	
Nagao, Ms. Janet	25	Ono, Mrs. Carole	135	Shimizu, Ms. Aja	35
Nagasuye, Mr. & Mrs. Joseph & Ruby		Ono, Mr. Dave	20	Shimizu, Mrs. Polly	50
Nagata, Mr. Harry	20	Opena, Ms. Erna	20	Shimizu, Mr. Ronald Masatoshi	
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Nakai, Mrs. Shizuko	20	Oyagi, Mrs. Doreen	90	Shinde, Mrs. Mich	20
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Nakamura, Mrs. Claire	70	Oye, Mrs. Donna		Shinya, Ms. Carol	20
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Nakamura, Mr. Ron	50	Pinkerton, Ms. Gail	50	Spraggett, Dale	50
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Nakawatase, Mr. Satsuo	40	Reid, Mr. Daniel	248	Sunahara, Dr. Fred Akira	120
Nash, Ms. Susan	20	Ren, Ms. Diane	80	Suyama, Ms. Marge	20
Nasu, Mrs. Peggy	20	Reyes, Ms. Itzia	50	Suyama, Mr. Tokugi	
Nasu-Salguero, Mrs. Tammy	40	Reynolds, Mr. John	20	Suzuki, Ms. Barbara	20
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Takahashi, Mr. Paul	20	Wesseling, Ms. Diane	40	Maemura, Ms. Mayumi	140
Takahashi, Ms. Susan	40	Westergaard, Mrs. Yoneko	120	Maikawa, Mrs. Eiko (Sandra)	
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Takasaki, Mrs. Naomi		Wright, Ms. Loraine	25	Marubashi, Mr. Robert	100
Takasaki, Mr. Paul	20	Wylie, Ms. Micky	20	Matsumoto, Mrs. Katharine (Kay)	25
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Takashima, Mr. Russ	20	Yamamoto, Ms. Harue (Kay)	20	Naganobu, Mrs. Kay	28
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Tanaka, Mr. Gary N.	20	Yamamoto, Mr. Rick	20	Nicholson, Mrs. Alice	100
Tanaka, Ms. K.		Yamamoto, Mr. Tyler	20	Nishizeki, Mrs. Hisako	
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Tezuka, Mr. Mike	50	Yoshida, Mr. Howie		Shinya, Mr. Gene	
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Tomihiro, Mrs. Sheila	20	Zimmerman, Ms. Nancy	20	Toronto Buddhist Church	200
Tomihiro, Mr. Sumio	20			Tsumura, Mr. Ken	70
Torres, Ms. Lorean	30	<b>Yard Sale</b>		Westergaard, Mrs. Yoneko	500
Tovee, Mr. Chris	50	Nagano, Mrs. Louise (Reiko)		Yoshioka, Dr. & Mrs. John	
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Toyota, Dr. Jane					
Tsotsos, Chris	20				
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Tsuji, Ms. Pat	100			Lough, Ms. Mika	1,000
Tsuji, Mrs. Teresa				Matsui, Mrs. Shizuye Sheila	20
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Tsushima-Mayerhofer, Ms. Susan	20	Brooks, Mrs. Betty Naomi	100	Shall We Dance (Momiji Odori-no Kai)	500
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Uchikura, Mrs. Christine	20	Dazai, Mrs. Mitsuko	200		
Ueda, Mrs. Michio		Dennis, Ms. Aleta	150	<b>MAJOR GIFTS</b>	
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Uyenaka, Ms. Laura	50	Hashimoto, Ms. Jennifer	141	Koyama, Mrs. Helen	100
Varone, Mr. John	20	Hirae, Mrs. Masayo	100		
Vella, Ms. Joan	50	Hirowatari, Mr. Mark	50	<b>In Celebration of Mrs. Kimiko Rose Aihoshi's Birthday</b>	
Volbach, Ms. Hilde	100	Hunter, Ms. Millie	50	Aihoshi, Mrs. Kimiko Rose	100
Waintraub, Mrs. Pamela		Hyodo, Ms. Tosh Elizabeth	100		
Wakayama, Mr. Peter	20	Ikebata, Mr. Akio	20	<b>In Appreciation of Dr. Roy K. Chan</b>	
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Walsh, Mr. John	20	Kadonaga, Mrs. Mitsuko	100	Fujimoto, Mr. & Mrs. John	
Walters, Ms. Michelle	20	Kawabe, Mrs. Masako	50		
Wani, Mrs. Kathy	20	Kawai, Toshiko	50	<b>In Honour of Mrs. Chizo (Pat) loi's 100<sup>th</sup> Birthday</b>	
Watanabe, Mrs. Eiko		Kim, Mrs. Chung Sook	30	loi, Mr. Hideyuki	
Watt, Ms. Connie	30	Kobayashi, Mrs. Dawna			
Welham, Ms. Sally	20	Kobayashi, Mr. Martin	1,000		
		Lee, Ms. Cynthea	20		



**In Honour of Mrs. Sylvia Ise's 90<sup>th</sup> Birthday**  
Ise, Ms. Deborah 900  
Ise, Ms. Mieko 900

**In Honour of Mrs. Tomiko Kadonaga**  
Russell, Mrs. Mona 5,000

**In Honour of Mrs. Sueko (Sue) Kitagawa**  
Simpson, Ms. Ruth 100

**In Celebration of Mrs. Amy Kunihiro's 85<sup>th</sup> Birthday**  
Kunihiro, Mrs. Amy

**In Honour of Mrs. Sheila Matsui's 88<sup>th</sup> Birthday**  
Maemura, Ms. Mayumi 88  
Minotti, Ms. Carol 100  
Nakai, Mr. James 100  
Shall We Dance (Momiji Odori-no Kai) 88  
Shimoda Moore, Ms. Joyce

**In Honour of Mrs. Sachiko Miyada's 90<sup>th</sup> Birthday**  
Miyada, Ms. Naoko

**In Honour of Mrs. Teruko Otani's 100<sup>th</sup> Birthday**  
Otani, Mr. George 100  
Otani, Mr. Karl 100  
Otani, Mrs. Teruko 200

**In Celebration of Christopher Reid & Kristin Kobayashi's Engagement**  
Armstrong, Mrs. Sheri-Lynn

**In Honour of Mrs. Miyo Takata's 99<sup>th</sup> Birthday**  
Takata, Mrs. Miyo  
Lewycka, Ms. Irena 100

**In Honour of Mrs. Noriko Tatemichi's 100<sup>th</sup> Birthday**  
Shiozaki, Mrs. Karie 100

**In Celebration of Mrs. Eiko Watanabe's 85<sup>th</sup> Birthday**  
Watanabe, Mrs. Eiko

**In Honour of Rev. & Mrs. Stan & Aileen Yokota's 55<sup>th</sup> Wedding Anniversary**  
Yokota, Rev. & Mrs. Stan 55

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Seki, Mrs. Jean 30

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Ura, Mrs. Betty 75

**In Memory of Mrs. Etsuko Sakamoto**  
Miwa, Mr. Harold 200

**In Memory of Mr. Shigeo Sakaue**  
Sakaue, Mrs. Yoshiko 100

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Kanashiro, Mr. & Mrs. Nori	50	Toyota, Dr. Jane & Mr. Richard Kenno			
Kawaguchi, Mr. Gary	100	Ueda, Mr. Frank	100		
Kawahara, Mrs. Yasuko Theresa		Umemoto, Mrs. Kazuko	35		
Keen, Mrs. Nonie	25	Waintraub, Morris & Pam; Lindsay Waintraub			
Kishimoto, Ms. Kathy		& Rawad Machifa and Jordan;			
Kishimoto, Mrs. Pauline	50	Nicole Waintraub & Scott Sims; Deana			
Kishimoto, Mr. Steve		Waintraub Stafford & Nicolas Stafford and			
Kitagawa, Mrs. Sueko (Sue)		Norah and Bailey; Michelle Waintraub			
Kobayashi, Mrs. Dawna		& David Le Blanc	1,800		
Kobayashi, Mr. Martin	250	Wakayama, Mr. Peter	50		
Kodama, Mrs. Toshi	100	Watanabe, Mrs. Eiko			
Kondo, Mrs. Yuki		Westergaard, Mrs. Yoneko	100		
Kozloff, Jackie, Joel, Eric, Gianna, Jamie,		Yamamoto, Mrs. Ichie	50		
Brad, Gene, Becky & Ken	135	Yokota, Rev. & Mrs. Stan	50		
Kunihiro, Mr. & Mrs. Ben		Young, Mr. Steven	100		
Kurata, Ms. Christina	25	Zajac, Ms. Andrea	25		
Lau, Mr. Sam	100	<b>In Memory of Mr. Tadao Tanabe</b>			
Levy, Ms. Esther		Fountoulakis, Mr. Stan	100		
Mack, Mrs. Lynn	50	Imai, Ms. Teruko	200		
		Iwamoto, Mr. & Mrs. William (Bill)	30		



## フレッド・アキラ・スナハラ博士を偲ぶ

パム・ウェイントローブ

モミジはフレッド・アキラ・スナハラ博士のご逝去に哀悼の意を表します。スナハラ氏はモミジ・ヘルスケア・ソサエティ創立者の一人でありモミジ居住者でした。氏の娘で理事会前議長のパム・ウェイントローブ氏は尊父の人生を以下のように綴りました。ご遺族・友人の皆様は心よりお悔やみ申し上げます。

フレッド・アキラ・スナハラ博士はバンクーバーで父のカズヤ・スナハラと母のタツ・ヒガシの間に生まれました。両親は熊本県出身で1900年代初めにカナダへ移住。父親は漁船の運営で生活を築き、日系社会の中でも明確な考えの持ち主として尊敬されていました。母親は下宿を営み家計を助け、多くの家族の滞在を世話しました。

カナダ西海岸の日系人強制移動では18歳だったフレッドは、家族と一緒にニューデンバーまで行かず、他の二世の若い男性と共に政府から片道切符と25ドルを渡され、石炭労働のために汽車で6日間かけてオンタリオ州ロンドンまで送られました。将来も不確かでお金もなかったフレッドでしたが、1948年には大学を卒業。その後ウェスタン・オンタリオ大学で生理学の医学博士になりました。

1952年にはグレース・アキコ・シンタニと結婚。トロントで家族を築き、トロント大学医学部歯科薬学科の薬理学教授になりました。幼い子供の父親で若き教育者・科学者としての忙しい時期でも、トロント日系カナダ市民協会（JCCA）で熱心に活動。グレースもトロント二世女性クラブで活動しました。

フレッドは自身の両親をはじめ高齢化する日系一世の今後を心配しました。持ち前の自信と説得力で日系社会のリーダー的存在となった彼は、機会がある度に「一世のためのコミュニティ再建」の意識を高める努力をしました。フレッドとモミジの委員会は相互関係や政府支援を模索し、日系社会に資金調達活動と呼びかけました。

1992年のモミジ・シニアセンター開設で創始者らは誇らしくリボンカットに臨みました。1978年に最初の理事会議長になったフレッドは、その後、名誉会長になり創始者として尊敬されました。

2014年にはフレッド自身がモミジ居住者となり、サービスやプログラムを通して当時の苦労が実を結んだことを実感しました。彼はモミジで最後まで暮らすことを望み、私達家族はモミジの温かな対応を受けました。モミジは指針に基づいて、私の父の自立性と尊厳を重んじながら、敬意ある親切なケアを提供しました。私はモミジを誇りに思います。父が居住者として暮らせたことを家族一同、深く感謝しています。

## サポートサービス モミジ入退居の新しい指針

1992年のモミジ・シニアレジデンス開設当時、居住者の平均年齢は77歳。庭園の手入れをはじめモミジバザーやBBQなどの募金活動や社会活動は居住者がおこなっていました。当時、モミジの正規職員は1名。パートタイムのパーソナル・サポートワーカー（PSW）も1名。職務は軽度の家事援助だけでした。

今日のモミジは全く異なります。居住者の平均年齢は89歳。入居時の平均年齢が85歳。高齢化に伴いケアのニーズが複雑化し、従来の支援付き住居プログラムでは対応が難しい状態です。モミジレジデンスには現在PSW 26人が勤務。職務も当時の軽度の家事援助、週25時間から、需要の増加するパーソナルケア、週517時間にまで変わりました。

居住者の高齢化に伴うニーズの増加で、サポートサービスのコストと政府助成金・財団支援金の間に大きな差が生じています。所長が所見で示すように、モミジは進化するヘルスケアの環境に適応する必要があります。その一環として運営幹部は居住者入退居の新しい指針を承認しました。

新しい指針では、モミジ・シニアレジデンスがシニアの自立生活を支援する

施設であっても、一部のサービスに関しては資金上の限界があることを認識しています。入居の指針は、モミジが資源の許す範囲内で居住者のケアのニーズに安全に対応できるように定められています。入居には幾つかの条件があり、「自立生活が可能な程度の認知力があるが、モミジの提供可能な範囲内でのケアを必要とする」もその一つです。（例：軽度の家事援助や、パーソナルケアで身の回りの介助が1回の訪問で最高15分など）

退居の指針は、モミジ職員が居住者のニーズに安全に対応できる範囲以上に重度または複雑になった場合を考慮して定められています。（例：移動に二人の職員が必要。24時間体制の監視や看護ケアが必要。徘徊や攻撃性のある行動で自身や他者に危害を及ぼす可能性がある場合など）モミジは全ての居住者の安全を確保する義務があります。

新しい指針の一貫した実施のために「居住者入退居委員会」（ATTC）が設置されました。シニアレジデンス部長、ケア部長、クライアント・インターベンション・ワーカーを含む同委員会は、シニアレジデンスの入居ならびに必要な場合の退居を判定します。退居となれば、モミジ職員はご本人の家族や成年後見人/意思決定代理人に協力し、より適切な施設へ安全で適時に移れるように、あらゆる努力をします。

## ロイ & メアリー・マツイ夫妻を偲ぶ

モミジはロイ & メアリー・マツイ夫妻のご逝去に哀悼の意を表します。建築士としてトロントのホテルやコンドミニアム、オフィスビルなどの設計に長く携わったロイさんはモミジ・シニアセンターの設計も手がけました。第二次大戦の退役軍人で1968年にマシー勲章、1980年に総督勲章を受章。メアリーさんは皆から愛された教育者で、ピアニストでした。スキーが大好きだった夫妻は80歳半ばまでスキーを楽しみました。旅行やウォーキングも二人の趣味でした。ご遺族・友人の皆様は心よりお悔やみを申し上げます。



## 第14回ボウラソン

モミジの大きなファンレイジングの一つ、恒例のボウラソンは今年も大成功でした。モミジ居住者（残念ながら参加数は減少）とその家族や友人、コミュニティの人々が参加して楽しみました。会場は5ピンがパークウェイ・ボウル、10ピンがワールド・ボウル。競技後はフランク・H・ホリ・コミュニティセンター（モミジセンター）でお弁当の夕食と、スポンサー賞やドアプライズ、ラッフルなどの受賞がありました。

今年は新たな「スポンサー企業プログラム」に5企業のチームが参加し、モミジのホン所長のチームと「モミジカップ」に挑戦。接戦の中、所長チームが最上位に。この新プログラムが加わり、今年の募金は5万2000ドルを達成。真の勝利者は、この資金でサポートプログラム/サービスを受ける居住者とコミュニティのシニアの皆様です。第1回ボウラソンからの募金合計は35万ドル以上。驚くほどの達成です。

ボウラソン委員会のゲイル・カリ氏をはじめ、参加者とスポンサーの皆様、そしてスポンサー企業の皆様に感謝いたします。2020年5月23日（土）第15回ボウラソンも共に楽しみましょう。新しい参加者やスポンサーもお待ちしています。

## ファンレイジング

ホリデーシーズンを前に以下の恒例ファンレイジングが始まります。

ホリデー・クッキー・プログラム：ショートブレッド、ミンスミート、ジンジャーブレッドなど、ボランティアによるベーキング菓子を居住者と家族、コミュニティの皆様販売します。クッキーはサンタ・スーペリア・ボックス（45枚入り\$20）からエルブス・ダース（12枚入り\$7）までいろいろ取り揃えています。ご自分用に贈り物に最適です。ご注文は前払いで。

ヴァンダーミア冬の募金プログラム：アジャックスで創業50年以上のヴァンダーミア養樹園はポインセチアやシクラメンをはじめ質の高い植物を育てています。今年も冬の飾り付きバスケットや常緑植物の鉢などが様々な価格で揃っています。本プログラムではモミジが植物を割り引きで購入し皆様に原価でお売りします。ご自宅用に贈り物に最適です。商品は12月4日（水）にモミジで受け取れます。居住者の方にはお届けします。ご注文は前払いで。

シニア・アクティブ・リビング・センター（SALC）は、これまでトロント・アルツハイマー協会の協力により、シ

ニアの方々に人気のあるカナダ国立バレエ団の「ダンス！ ダンス！ ダンス！」とモミジ・シンガーズを提供してきました。残念ながらアルツハイマー協会からの資金が年末に底をつきますが、その代わりにホリデー・クッキーとヴァンダーミア冬の募金の収益を回すことで今後も二つのプログラムが継続されることになりました。

ホリデー・クッキーとヴァンダーミア植物の注文はシェリーリンまで。Tel. 416-261-6683 内線259 注文書はモミジのオフィスやウェブサイト、Facebookに準備されます。

モミジ・コミュニティバザー：来年は3月28日（土）に開催。これまでと同様、良い状態の中古品の寄付を募っております（大きな家具はご遠慮願います）。保管場所に制限があるため、2月1日以前の受付はできかねます。観葉植物やホームベーキングも人気があります。バザーの成功には多数のボランティアの方々の必要とします。ぜひ、ご参加ください。お問い合わせはボランティアサービス・マネージャーのジョヴェルまで。416-261-6683 内線234



## 理事会役員交代

この度、4人の役員が退任し、2人の新役員が就任しました。

ゲイル・カリ氏は2009年に役員になり、幹部委員会の秘書とボウラソン委員会の委員長を兼任。ボウリング好きのゲイルさんは、ボウラソン委員会に欠かせない存在で、他の委員と協力してボウラソンを大きく成長させました。募金額は2009年の時点で年平均1万5000ドルだったのが過去3年間の年平均4万ドル以上に増加。幸いにゲイルさんは、モミジの大きな募金活動であるボウラソンに今後もリーダーとして力を貸してくれます。

スーザン・ヒダカ氏は2期にわたり計17年、役員を務めました。最初に役員となったのが1994年。モミジ居住者としての6年間。2008年に再び役員となり任期終了後も2回の延長でさらに2年間。スーザンさんは日系社会で「リドレス・ウォーリア」などのボランティアとして、他の組織との強い関係の構築を助けてきました。コミュニケーションの専門知識を生かして理事会に貢献しました。今後もモミジのクオリティ委員会を支えるスーザンさんに感謝しています。

パム・ウェイントローブ氏は役員として17年、そのうち会計を6年、議長を10年、務めました。コミュニティのシニアサービス機関であるモミジの進歩に、リーダーとして計り知れない貢献をしました。パムさんはトロントの日系組織ネットワーク（JCNO）を通してモミジの様々な活動を広めました。理事会の任務としてのファンドレイジングを強く推進する傍ら、コミュニティバザーなどではキッチンで巧みにナイフを使う姿がありました。パムさんは今後もモミジのボランティアとして参加されます。ありがとうございます。

前回のモミジマターズでお伝えしたように裁判官になったマイケル・ドイ氏も退任しました。

4人の役員の皆様には長年にわたるモミジへの献身的な奉仕を心より感謝しています。4人は今後もボランティアとして参加されます。

新任役員はジェームス・H・ティーセン氏とドン・マクロード氏。

ティーセン氏はライアソン大学テッド・ロジャース経営管理学院のヘルスサービス管理学院の准教授及び部長。2018年秋に新設されたヘルスマネジメント（コミュニティケア）修士課程の開発を助け、現在、指導をしています。ジムさんはマクマスター大学のデグルート経営学院の経営学修士課程（MBA）部長を10年間務め、その後2008年からはライアソン大学のMBA部長に。日本で英語を教えた経験もあり、トロントの日本貿易振興機構（JETRO）に勤務。ヘルスケアの指針と実施に注目した研究では、高齢化が急速に進む日本の取り組みが取り上げられています。

マクロード氏はトロント大学商学士。プライスウォーターハウスクーパーズで非営利部門の公会計の仕事に長年、勤務。公認職業会計士として20年の経験を持ちます。様々な事業を経て、現在はコンサルティング会社を経営。興味は日本文化と芸術で、何度か日本を訪れています。剛柔流空手の黒帯保持者。

両氏が理事会に加わりモミジの将来を共に考えてくださることに感謝します。

## 変遷する時代 所長の所感

### 計画の立案vs 実行

「計画を立てても実行しなければ夢で終わるが、計画を立てずに取り組めば努力を無駄にする」と言われています。

政府、企業、慈善団体などの組織は戦略に基づいて目標を設定し、その達成を計画します。モミジ・ヘルスケア・ソサエティも例外ではありません。この度、半年間に及ぶ理事会、運営幹部、モミジ財団役員によるシニアケアの現状に関する審議を経て、利用者とコミュニティを対象としたアンケート調査の結果を参考に「5年間戦略計画」が立案されました。この計画は理事会の承認後、全ての利害関係者の皆様に公表されます。以下は主な戦略的優先事項です。

- 財政的実行可能性・持続可能性の強化 - 現運営の効率性を高め、政府助成金に多角的に取り組み、社会事業の可能性を探索する
- 組織体質の構築 - モミジの質向上に引き続き取り組み、高齢者ケアの優れた組織としての承認を得る
- 人的資本の開発 - モミジの使命を支える人材の確保、開発、活用を最適化する
- 進化するヘルスケア環境への適応 - オンタリオ州ヘルスケア制度の進化を認識し、変化する環境で最適な役割を担うように適応する
- サービスの多角化 - 日系及び他の文化のシニアを対象に、新しい方法によるコミュニティを基盤とした居宅の支援を増やす

これらの野心的な目標の達成は、モミジがシニアの方々に「威厳の重んじられた最高質の健康的な生活」を提供する上で価値ある必要事項です。モミジは組織の透明性に責任を持ち目的を明示して支援者、資金援助者、コミュニティの皆様からの信頼を保持します。計画立案の次のステップは、実行と実現です。今後も皆様に経過をお知らせします。

## モミジ・ヤードセール

ヤードセールはリーダーのリンダ・オйкаワさんを中心に6月初旬に開催されました。モミジの保管場所が少ないため品物が売れるように価格は超安価。約500人もの人々が訪れ、品物とBBQ、ベーキングなどの売上げが約5000ドル。事前販売や寄付金、事後販売（アジャックス・オート・レッカーズ、ヴァリュー・ヴィレッジ）などを合わせると約7000ドルにもなりました。来年のヤードセールは6月13日（土）です。

## ジャポニカ

日本人形・着物・こけしをはじめ、美しい皿や工芸品、豪華な生け花を販売するジャポニカは、今年3年目を迎え、訪れる人の数や募金額が増加しています。開催は毎年9月。品物の多くはモミジと繋がりのある家族からの寄付です。最近ではジャポニカの評判が広まり、家宝を売る機会としての問い合わせが増えていきます。

今年のジャポニカでは特別な品物の部屋ができました。ラッフルのほかに福袋も販売され喜ばれました。日本の催し物に付きものはボランティアによる美味しい食べ物です。お弁当、そうめん、おまんじゅう。人気のジャポニカ・ドッグのほかに、新たにチャウメン・サンドイッチが加わりました。売上げは2万6000ドル以上。ジャポニカ委員会のマユミ・マエムラさんをはじめボランティアの皆様、そしてジャポニカ成功のために夏の間、品物の準備をしてきた委員会の皆様に感謝しています。来年のジャポニカは9月12日（土）です。

## 寄付がもたらす嬉しい違い

シニア・アクティブ・リビング・センター（SALC）の活動で特別なお祝いの機会があると、贈り物を購入する代わりに「敬意を表した寄付」をする方がいます。主にこの寄付は「午後のお茶会」をさらに楽しくするために活用されます。最近、SALCはキヨ & シルビア・イセ夫妻の孫娘にあたる方から「敬老感謝の会」のために寛大な寄付を受けました。この寄付はエンターテイナーへの謝礼金とお土産袋の補充、220名のゲストのケーキ購入に使われました。これらは政府助成金で補えない支出です。孫娘のミカさんは、このような支援の方法があることを他の孫の方々にも知ってもらいたいそうです。素晴らしい贈り物をありがとうございます。

## モミジチームの新職員

メンテナンスのリン・イン（マークス）・ウォン職員のほか、新たに二人の職員が加わりました。

アカネ・コシバ職員は新たにできたサポートサービス・コーディネーター臨床担当の仕事をします。アカネさんは日本で登録看護師、カナダで登録准看護師の資格を持ち、日英両語を話します。ヘルスケアの経験10年以上。前の職場はデントン老人ホーム。

ラディカ・シャーマ職員は新たにできたサポートサービス・コーディネーター運営担当の仕事をします。ラディカさんはヨーク大学のヘルス・スタディ学士課程を修了。セントマイケル病院の「小児・家族サービス」のボランティア経験があります。

3人の新職員をよろしくお願ひいたします。

## 介護者のためのプログラム

シニアと介護者の方々に

セミナーのご案内

11月20日（水）

「遺言書と代理委任状」予期せぬ事態に備えて遺言書と代理委任状を作成することが大切です。主催：モミジとジャパニーズ・ソーシャルサービス。  
場所：日系文化会館（6 Garamond Court, Toronto）

2020 年1月28日（火）

「認知症と運転」トロント・アルツハイマー協会。家族や介護者にとって最も難しい問題の一つ、認知症と診断された場合の運転について。

セミナーに関するお問い合わせは、ケイコまたはメラニーまで。416-261-6683 内線249

## 新しいキオスク

モミジの玄関からコミュニティセンターへ入ったところに新しいキオスクが設置されました。ここでは日本の人形、工芸品、茶器などいろいろな品物が常時、販売されています。店はジャポニカ開催中にオープンしました。モミジストア、モミジカフェと同じく毎週火・木曜日10am~2pmに係がいますが、業務時間中であればいつでも品物を販売します。贈り物にぜひお買い求めください。収益はモミジの活動資金に活用されます。



## マイルストーン誕生日

特別なお誕生日おめでとうございます

（2019年5月1日～9月30日）

チズ（パット）・イオイさん（100歳）

テルコ・オオタニさん（100歳）

シゲオ・セコさん（102歳）

カズコ・ウメモトさん（105歳）

## おくやみ

ご遺族と友人の皆様にご心よりお悔やみを申し上げます。

（2019年5月16日～9月30日にご逝去）

モミジ・シニア・レジデンス

- マモル・ヒロワタリさん
- フレッド・アキラ・スナハラ博士

キャッスルビュー・

ウィッチウッドタワーズ

- キャサリン・ゴーリングさん
- グレース・リーさん
- ヨシアキ・ナガオさん
- チヨコ・ソゴウさん

イーホン老人ケアセンター

- チヨ・エバタさん
- アキコ・ヤマダさん



## Around The Building



by Yoneko Westergaard,  
Director of Seniors Residence  
Momiji has said good bye to two Maintenance staff members who were with us for many years and welcomed a new member.

Hiroshi Maeda has worked as the Building Caretaker since 2010. He is a calm and collected person and an enjoy-

able and interesting conversationalist. His presence will be missed around the building by staff and tenants. Hiroshi is looking forward to enjoying his retirement.

Suen Sing Lee retired from his position in May to pursue other goals. We wish Sing all the best for his future endeavors.

Ling Yin (Marcus) Wong joined the

maintenance staff part-time at the end of September. Marcus is currently a student at Seneca and has worked in property management before. We are delighted to welcome Marcus to our team.

Maintenance is still looking for another part-time staff member and one full-time staff member to begin in November.

## Caregiver Programs



Momiji would like to invite all seniors and caregivers to these Caregiver sessions.

**Wednesday, November 20<sup>th</sup> - Wills and Power of Attorney Seminar.** This session will highlight the importance of having a will and a Power of Attorney and how essential it is to plan for the unexpected. The seminar is organized by Momiji and

Japanese Social Services (JSS). It will be held at the Japanese Canadian Cultural Centre (6 Garamond Court, Toronto).

**Tuesday, January 28, 2020: Driving and Dementia.** This informative seminar will be provided by the Alzheimer Society of Toronto and will address many questions, including does a diagnosis of dementia automatically mean the person has to stop

driving? Join us to learn how to navigate this difficult issue – one of the most difficult that families and caregivers will face.

For further information on any of these events and/or to register, please contact Momiji at 416-261-6683. Ask for Keiko or Melanie (ext. 249).

## Support Services



### MOMIJI'S NEW ADMISSION AND TERMINATION OF TENANCY POLICY

When the Momiji's Seniors Residence (MSR) first opened in 1992, the tenants were active and independent and their average age was 77. The tenants looked after Momiji, taking care of the gardening and holding fundraising activities like the Bazaar and social events like the Tenant BBQ. Only one full-time Momiji staff person was required as well as one part-time Personal Support Worker (PSW) who helped with light housekeeping.

Today, Momiji is very different. The average age of our tenants is now 89. With age comes increasingly complex care needs, much more than a conventional supportive housing program can provide. Momiji now has 26 PSWs working in the Momiji Residence and a typical work week for these PSWs has evolved from 25 hours per week of light housekeeping to increasingly demanding personal care at 517 hours per week.

As our tenants age, their care needs increase which unfortunately creates an ever widening gap between the financial support we receive – from funders including government and the Momiji Foundation and what the actual costs are of our

support services. As our Executive Director pointed out in his article, Momiji has to adapt to the evolving health care environment and as part of this adaptation, Momiji Management has recently approved a new Admission and Termination of Tenancy Policy.

The new policy acknowledges that the MSR is an independent living facility for seniors who require some care in order to remain living independently, but only a finite amount of funding for certain services is provided. Admission policies to the Seniors Residence have been established to ensure that Momiji can meet the tenant's care needs safely and within our resources. Any potential tenant must meet a number of criteria, including being cognitively able to live independently but requiring some level of care within the scope of Momiji services (i.e. Personal Care – assistance with personal hygiene, 15 minute per visit maximum and light home making).

Discharge policies (i.e. termination of tenancy) have also been established for situations in which a tenant's needs have become too great or complex to be safely

met by Momiji staff. These situations include: when a tenant requires two Momiji staff members to transfer him/her, if a tenant requires 24-hour supervision or nursing care, or a tenant displays behaviours that could be harmful to themselves or to others (i.e. wandering or aggression). Momiji has an obligation to ensure the safety of all tenants.

To ensure consistent implementation of the new policy, an Admission and Termination of Tenancy Committee (ATTC) has been created. This ad hoc staff committee includes the Director of Seniors Residence, the Director of Care and the Client Intervention Worker. This Committee has the responsibility for decisions regarding admission to Momiji Seniors Residence, and terminations of tenancy when necessary. In the event of termination, Momiji staff will make every effort to work cooperatively with the tenant's family or Power of Attorney/Substitute Decision Maker to ensure a safe and timely transfer to a more appropriate care setting.

Our Admission and Termination of Tenancy Policy can be viewed on our website or a copy can be obtained by contacting Momiji.



L to R: Jin, Masami, Susan, Tad, Amy & Nanao

## NHK DOCUMENTARY - "HOPE IN THE DARK"

by Amy Kunihiro

*NHK is Japan's national broadcasting organization. A crew traveled from Japan to capture this story. Amy Kunihiro and Susan Hidaka are Momiji tenants. Their tireless efforts provided invaluable assistance to the NHK team.*

I was approached in early April by a friend, Vic Kitagawa, and by a former United Church minister, Rev. Seiichi Ariga, to find some Nisei students who attended high school in Lemon Creek and Tashme, B.C. during the World War II internment of Japanese Canadians. The purpose of NHK was to produce a docu-

mentary to show the humanitarian side of the War, and to highlight the dedication and kindness of several United Church of Canada missionaries in helping high school students with their education. In particular was Frances Gertrude Hamilton, who inspired these students.

Together with Susan Hidaka, we man-

aged to find Momiji residents Miyo Nakamura and Tad Oyagi, and non-resident Harold Miwa. They were interviewed by Masami Ukon, Senior Producer of NHK Enterprises, and Nanao Akanuma, Researcher, and later filmed by cameraman, Jin Harada, at the Momiji Seniors Centre. We provided the facilities, scheduled interview times, and served refreshments. It was a pleasure helping them.

Filming also took place in Ottawa with Dr. Henry Shibata being interviewed. He was in Lemon Creek and was inspired by the missionaries, especially Frances Gertrude Hamilton to become a doctor and teacher. After the War, he and Ms. Hamilton continued to stay in touch.

The documentary was shown live on NHK-World Japan on Friday, August 23<sup>rd</sup>, 2019. As we all gathered around our computers that night we were so impressed and proud of our seniors for sharing their stories. Appearing on World Wide TV was a major accomplishment.

The following video link will be available for one year, until August 2020. <https://www3.nhk.or.jp/nhkworld/en/ondemand/video/3016050/>

## POLITICIAN RECOGNIZES MOMIJI TENANT

In July, Momiji tenant Rose Aihoshi was presented with a special volunteer appreciation award by the Honourable John McKay, Scarborough-Guildwood MP, at his annual Community BBQ and Volunteer Appreciation event. Rose was one of the first tenants to move into Momiji and has always been an active volunteer – whether it is leading the weekly morning exercises for other tenants, making manju for sale at our fundraising events or leading tours of Momiji. Congratulations Rose on this worthy recognition!



## COME SEE OUR NEW KIOSK!

If you have visited Momiji lately, as you enter through the main doors into the Community Centre, you may have noticed that we have set up a new kiosk so that we can sell Japanese treasures throughout the year. We have a wide selection of items for sale including dolls, artwork and tea cups. The kiosk officially opened during Japonica



and will be staffed on Tuesdays and Thursdays (to coincide with our Store and Momiji Café opening) from 10 am until 2 pm but items can always be purchased during business hours and make great gifts! The funds raised from the sale of these items will be reinvested back into Momiji.





## BOARD OF DIRECTORS – FOUR GOODBYES AND TWO HELLOS!



L to R: Pam, Gayle & Susan

At our Annual General Meeting, we said goodbye to four long-time members and welcomed two new members.

**Gayle Cali** joined the Board in 2009. During her tenure, she served as the Executive Committee's Corporate Secretary and as the Bowlathon Committee Chair. As an avid bowler, she brought her knowledge and passion to this Committee and along with the other Committee members, the event has grown from raising \$15,000 per year in 2009 to over \$40,000 per year in the past three years. We are fortunate that Gayle will continue to be the Bowlathon Chair since this event is one of our largest fundraisers.

**Susan Hidaka** completes her second stint as a Board member – 17 years in total. Originally she joined the Board in 1994, shortly after she became a tenant, serving for six years. She rejoined the Board in 2008 and even after her official term ended two years ago, she accepted two one-year extensions. Susan's volunteer involvement in the Japanese Canadian community, including being a "Redress Warrior" has been instrumental in helping Momiji build stronger relationships with other organizations. Her knowledge of communications has been an asset to many. We are thankful that Susan will continue to serve on Momiji's Quality Committee.

**Pam Waintraub** has been our Board Chair for the past 10 years. During her 17 years, she also served as Treasurer for six years. Pam's leadership has been invaluable to the progress of Momiji as a leading provider of services to seniors in our community. She played a key role in promoting Momiji's various activities through the JCNO - an affiliation of

Japan-connected organizations in Toronto whose mission is to promote resource sharing. In addition to her volunteer duties with the Board, she was a dedicated fundraising event volunteer and could be found wielding a knife in the kitchen, preparing for one of our many events

such as the Community Bazaar. We are thankful that Pam has agreed to continue as an event volunteer.

We are thankful for their many years of service and are pleased they will all continue to volunteer in some capacity.

At the meeting, we officially said goodbye to **Justice Michael Doi** who was highlighted in our last edition.

Our two new Board members are **James (Jim) H. Tiessen** and **Don MacLeod**.

Jim is an Associate Professor and Director of the School of Health Services Management in Ryerson University's Ted Rogers School of Management. He helped develop and teaches the School's Master of Health Administration (Community Care) program, which admitted its first cohort in fall 2018. Jim joined Ryerson from McMaster University in 2008, assuming the role of MBA Director, a position he held during the last of his ten years at DeGroote School of Business. Prior to his academic career, Jim

taught English in Japan and worked at the Japan External Trade Organization (JETRO)'s Toronto office. Jim's research focuses on health care policy and delivery, with an emphasis on Japan. He is particularly interested in Japan's efforts to finance and deliver the care needs for its rapidly aging population.

Don is a graduate of the University of Toronto Bachelor of Commerce program. He worked for a number of years in accounting for PricewaterhouseCoopers, primarily focusing on the non-profit sector. He has been a Certified Professional Accountant for more than 20 years. He has managed a variety of businesses and currently runs his own consulting business. His interest in the Japanese culture and arts has taken him to Japan numerous times. He is a black belt in the Goju-Ryu style of martial arts.

Thank you to Jim and Don for joining the Momiji Board of Directors and for helping to guide our organization into the future.



L to R: Don & Jim

## NEW ADDITIONS TO THE MOMIJI TEAM



L to R: Radhika & Akane

In addition to Ling Yin (Marcus) Wong who has joined the maintenance team, we have recently welcomed two new members to the Momiji Team:

Akane Kosiba, RPN fills the newly

created position of Support Services Coordinator – Clinical. Akane speaks both English and Japanese, was an RN in Japan and is an RPN in Canada. She has over 10 years of experience in health care and is coming to us from the Teddington Retirement Residence.

Radhika Sharma, BHS joins us in the newly created position of Support Services Coordinator – Operations. Radhika is a graduate of the Bachelor of Health Studies program at York University. She is a volunteer at St. Michael's Hospital and has experience working in Child and Family Services.

Please join us in welcoming Akane, Radhika and Marcus to our team.



# All Things Momiji



L to R: Sara & Yoneko

## THANK YOU TO OUR SUMMER STUDENTS!

Thanks to funding from the Federal Summer Youth Job Program, Momiji was able to hire six summer students. The Students provided invaluable assistance and completed many tasks including:

- Building Maintenance Assistant: Updated Momiji's Emergency Procedures and researched and recommended areas that will help Momiji tenants be safe in their own homes
- Community Services Program Workers (2): Planned and implemented

special events and assisted with the Seniors Active Living Centre's programs by helping to engage seniors

- Senior Care Worker: Worked with the Director of Care, helping to design and implement quality improvement projects and ensured adherence to provincial and national standards for service delivery
- Catalogue Management and Social Media Support: Worked closely with the Chair

of Japonica contributing towards providing cultural and historical context through written and photographic documentation of Japanese artifacts received as donations

- Finance and Human Resources Assistant: Assisted with setting up new complex excel worksheets, including a budget, financial analysis and projection tool

Thank you Sara, Elissa, Tristan, Jemima, Savannah and Emily and good luck with your continued studies!

## MILESTONES & PASSAGES

### MILESTONE BIRTHDAYS

Congratulations to these Momiji tenants who have celebrated birthdays between **May 1, 2019 and September 30, 2019.**

Mrs. Chizu (Pat) Ioi – 100<sup>th</sup> Birthday  
Mrs. Teruko Otani – 100<sup>th</sup> Birthday  
Mr. Shigeo Seko – 102<sup>nd</sup> Birthday  
Mrs. Kazuko Umemoto – 105<sup>th</sup> Birthday

### PASSAGES

Sincere condolences are extended to the families of the following residents who passed away between **May 16, 2019 and September 30, 2019.**

#### Momiji Seniors Residence

Mr. Mamoru Hirowatari  
Dr. Fred Akira Sunahara

#### Castleview Wychwood Towers

Mrs. Kathleen Goring  
Mrs. Grace Lee  
Mr. Yoshiaki Nagao  
Mrs. Chiyoko Sogo

#### Yee Hong Centre for Geriatric Care

Mrs. Chiyo Ebata  
Miss Akiko Yamada



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**Yes! I want to support Momiji with my gift of:**

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Email (You are giving Momiji permission to contact you) \_\_\_\_\_ Telephone \_\_\_\_\_

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Credit Card Number \_\_\_\_\_ Expiry Date \_\_\_\_\_

Name on Credit Card \_\_\_\_\_ Signature \_\_\_\_\_

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### Monthly Gift:

( ) \$10 ( ) \$15 ( ) \$20  
( ) Other \$ \_\_\_\_\_

Please attach void cheque or fill out credit card information.

For all donations simply complete and return this form to Momiji Health Care Society, Attn: Donations or call 416.261.6683 x 259 or online at [canadahelps.org](http://canadahelps.org). Monthly donations are processed during **the first week of each month**. You can increase or stop your monthly gift at any time. A tax receipt for your cumulative donation as of December 31st will be issued the following January.

Momiji Health Care Society, 3555 Kingston Road, Scarborough, Ontario M1M 3W4